



# FIVE FAMILY ADVENTURES



The key to family adventure is to take on something that is challenging, but within the capability (just) of your youngest adventurer. Add in a dash of excitement, even adrenalin, and you are almost there. The last ingredient in any adventure is freedom – that sense of being unshackled from your normal life with its routines and demands.

## 1. KAYAK/CANOE CAMPING

There is nothing better to bring out your family’s inner explorer than tackling an expedition by paddle power.

A great first expedition is on the Blackwood River near Nannup where you can paddle through beautiful forest in the Blackwood National Park and camp at Sue’s Bridge, Warner Glen, or Alexander Bridge.

### Top Tips

- Kayaks and canoes are available for hire (Google canoe hire WA)
- Always check river conditions before kayaking and avoid trips after heavy rainfall
- Store your clothes and sleeping gear in waterproof ‘dry-bags’ or in doubled up rubbish bags
- Always wear personal flotation devices when kayaking
- Never overload your paddle craft
- Put in some paddling practice before your trip

SUE'S BRIDGE CAMPSITE		
📍 Location	🏠 Facilities	📄 Notes
<b>Region:</b> Southwest  <b>Distance from Perth CBD:</b> 265km	<ul style="list-style-type: none"> <li>• Gas BBQs</li> <li>• Toilets</li> <li>• Undercover shelters</li> <li>• Picnic tables</li> </ul>	<b>Activities:</b> <ul style="list-style-type: none"> <li>• Swimming</li> <li>• Canoeing/paddling</li> <li>• Fishing</li> </ul> <b>Need to know:</b> <ul style="list-style-type: none"> <li>• No reservations</li> </ul>

## 2. CLIMBING DAY, TREES ADVENTURE

Climbing is an amazing sport that can be done at indoor climbing gyms or in the great outdoors. You can find out more about the sport at the Climber’s Association of Western Australia.

Or if you want an outdoor adrenaline fix that is accessible, safe, loads of fun, you can take the family to **Trees Adventure** in Lane Pool or Yancheep.

### Top Tips

- Wear comfortable clothing and shoes for climbing
- Always follow safety guidelines and advice

TREES ADVENTURE, DWELLINGUP		
📍 Location	🏠 Facilities	📄 Notes
<b>Region:</b> Perth  <b>Distance from Perth CBD:</b> 100km	<ul style="list-style-type: none"> <li>• 9 long courses</li> <li>• 80+ challenges</li> <li>• 23 flying foxes</li> <li>• Café</li> <li>• Picnic tables</li> <li>• Toilets</li> </ul>	<b>Activities:</b> <ul style="list-style-type: none"> <li>• Zip lining</li> <li>• Ropes courses</li> </ul> <b>Need to know:</b> <ul style="list-style-type: none"> <li>• Book in advance</li> </ul>

### 3. OVERNIGHT HIKE, BIBBULMUN TRACK

The king of hiking trails in WA is the world famous 1,000km Bibbulmun Track that runs from Kalamunda to Albany. You can spend an hour on the track or go end to end if you have a lazy 8-weeks to spare. The **Bibbulmun Track Foundation** has loads of information to help get you started and even hires out the gear you need.

BIBBULMUN TRACK		
📍 Location	🏠 Facilities	📄 Notes
<b>Region:</b> Perth - Great Southern	<ul style="list-style-type: none"> <li>Undercover shelters</li> <li>Tent sites</li> <li>Drop toilets</li> <li>Rain water tanks</li> </ul>	<ul style="list-style-type: none"> <li>Use the Bibbulmun Track website for trip planning</li> <li>Trail campsites are free</li> <li>Don't rely on campsite water</li> </ul>

#### Top Tips

- Carrying water and wearing weather appropriate clothing is vital
- Keep your eyes up and look out for trail markers
- Pause at any trail intersections to make sure you don't miss a turn
- Keep your pack as light as you can – every kilo makes a difference
- Consider renting a Personal Locator Beacon (just in case)

### 4. HIKE BLUFF KNOLL, NEAR MOUNT BARKER

Bluff Knoll is the highest peak in the dramatic Stirling Range National Park 100km NE of Albany. At just over 1km above sea level it is a challenging uphill walk but well worth the effort for the incredible views out over the Ranges and across the plains to the Porongurups.

BLUFF KNOLL, NEAR MOUNT BARKER		
📍 Location	🏠 Facilities	📄 Notes
<b>Region:</b> Great Southern  <b>Distance from Perth CBD:</b> 405km	<ul style="list-style-type: none"> <li>Picnic tables</li> <li>Toilets</li> </ul>	<b>Activities:</b> <ul style="list-style-type: none"> <li>Bushwalking</li> <li>Outdoor games</li> <li>Birdwatching</li> </ul> <b>Need to know:</b> <ul style="list-style-type: none"> <li>No toilets or water at the top</li> <li>Park entry fees apply</li> </ul>

#### Top Tips

- Be sure and check the weather before you tackle this adventure
- The walk is approximately 6km (round trip) and takes around four hours
- Take water for both legs of the walk (there is no water at the top)

### 5. MOUNTAIN BIKE OVERNIGHTER, MUNDA BIDDI TRAIL

The famous Munda Biddi Trail is an off-road cycling trail from Mundaring to Albany running for over 1051 km, with dozens of sections that can be done as overnight adventures. Sections of the trail vary in terms of their difficulty and terrain and in many places it is easily accessible by car. The Nanga to Bidjar Ngoulin campsite section is only 13km and a great place to dip your toes into bike touring.

MUNDA BIDDI TRAIL		
📍 Location	🏠 Facilities	📄 Notes
<b>Region:</b> Perth - Great Southern	<ul style="list-style-type: none"> <li>Undercover shelters</li> <li>Tent sites</li> <li>Drop toilets</li> <li>Rain water tanks</li> </ul>	<ul style="list-style-type: none"> <li>Trail campsites are free</li> <li>Don't rely on campsite water</li> </ul>

#### Top Tips

- Use the Munda Biddi Trail Foundation website for trip planning
- Pick a section of the trail that suits your family's riding skill
- Take plenty of drinking water
- Be sure to carry a good puncture repair kit
- Carry a tent in case shelters are full