

## 'My Outdoor Classroom' Lesson Plan

### Health and Physical Education/ Foundation/ Movement and Physical Activity/ Learning through movement

- Rules when participating in physical activities:
  - Use of boundaries / Safe use of appropriate equipment / Responding to a whistle and commands/instructions (ACPMP014)
- Simple rules and fair play in partner, group activities and minor games (ACPMP032)
- Fundamental movement skills involving the control of objects in simple games:
  - Overarm throw (ACPMP027)

*Elaborate on, extend and integrate this activity with other learning where possible.*

# Sponge Bullseye

## Lower Primary Activity 2

### Resources:

- Printed 'My Outdoor Classroom' Nature Passport booklets
- Chalk
- A bucket of water
- Sponges

Class : .....

Date : .....

Weather : .....

### Introduction

This activity is best completed on a hot day - a great excuse to get wet and messy outside! Find an open space in your schoolyard... it's time for a game of sponge bullseye!

### Before You Head Out



*Consider using a camera or the Nature Passport App to take photos and record the activity (See the Reflection/Discussion section for further details).*

- **Safety first** - make it clear that the sponges are not to be thrown at other students, a sponge to the head can be quite a shock and can really hurt!

### Sponge Bullseye Activity Steps

1

As a class, find an open space in your schoolyard, like a square or empty sports court.

2

Draw a target on the floor with some coloured chalk. Make sure to draw a series of concentric circles (increasingly larger circles surrounding each other around the same centre), so that the target has different scoring zones.

3

Come up with a scoring system as a group, and write the point values on the ground next to your target, or on each arc.

4

Take turns with classmates and friends to dip a sponge in a bucket of water.

5

Throw the sponges at the target. Aim for the middle ring “bullseye” to get more points.

6

Keep a running tally of your scores.

7

If your class is ready to increase the challenge - why not change the distances you start from, or change your throwing technique (switch hands or try throwing underarm or overarm)?



You can download the free **Nature Passport** app on both the **App Store** and **Google Play Store** to complete this activity and many more!

Visit the website at [www.naturepassport.org](http://www.naturepassport.org), where you'll find lots of useful information for families and teachers on how best to use Nature Passport.

## Reflection/Discussion

### *Literacy: Language Experience*

- As a class, reflect on the vocabulary used when playing sponge bullseye. Write the words down to create a vocabulary wall. Consider adding photos of the class playing sponge bullseye.
- Look back at photos of the students playing sponge bullseye and talk about the steps that were involved in playing the game.
- Ask the children to draw a picture of themselves playing sponge bullseye and, in their own words, recount the experience. Write their experience down using the students' own language as much as possible.
- Later, students might write their own text based on the experience which you can re-read and edit with them.

