

Recreation Camps  
Nature Passport

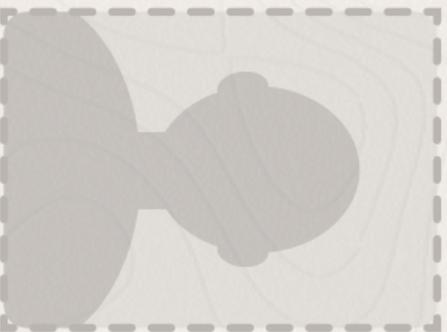


In partnership with Nature Play<sup>WA</sup>

# Nature Passport

First name: \_\_\_\_\_

Age: \_\_\_\_\_



# How to use this passport

## This is your Recreation Camps Nature Passport!



Department of  
Local Government, Sport  
and Cultural Industries

Use it to explore nature in the Camp, play, create, imagine, look closer and have some fun with your friends and family.

- Try new nature activities.
- Journal your escapades.
- Record the wildlife you come across.
- Tick off our list of '15 things to do'.

*"The world is yours to explore. Start your adventure today!"*

*We would like to acknowledge the Traditional Custodians of the land on which we gather today, and pay our respects to their Elders past and present.*

Each of the activities can be done using the international Nature Passport app and there are over one hundred more to choose from.

Visit [www.naturepassport.org](http://www.naturepassport.org) to get started!

# Our Camps

Our camps are more than a physical site available for group bookings. They are special places where people of all ages can participate in unique recreation activities.



## Woodman Point

Woodman Point provides a historic coastal location south of Fremantle in unique heritage accommodation with a one-of-a-kind roping adventure Cube.

## Bickley

Ideal for an outdoor experience in a picturesque bush setting, Bickley Camp is located alongside the Bickley Reservoir on the Darling Scarp.

## Point Walter

Overlooking the Swan River, Point Walter is the ideal venue for your school, community or corporate river retreat.

## Ern Halliday

A sanctuary in the suburbs – This camp in Hillarys is a place where people of all ages can participate in unique and fun recreation activities.

## Quaranup

Camp Quaranup is a historic site in Albany that provides the perfect launch pad for regional excursions in the Great Southern.

## Holiday Camps

The Department's popular school holiday camps get kids outdoors, making new friends, having a lot of fun in a safe and supportive environment. There are so many activities on offer, you're sure to find a camp your kids will love. Choose from day camps and overnight residential camps.



For more information on the recreation camps visit: [www.dlgsc.wa.gov.au/camps](http://www.dlgsc.wa.gov.au/camps)

# Activity 1



Beginner



30 - 45 minutes



Observe

## You're a Scavenger

*Create your own nature scavenger hunt.*

Make a list of natural objects to hunt for. You can write down shapes, colours, or specific items.

Search high and low for the items as you take a walk around the camp.

Tick them off your list as you find them!

Did you discover any other cool items that weren't on your list?

***Be kind to living things...*** Try to collect items off the ground, rather than picking from living plants.

# Journal

*Draw, take notes and fill in the blank space!*

## My Scavenger Hunt

*(add to the list and then go hunting!)*



Something soft

Fallen bark

\_\_\_\_\_

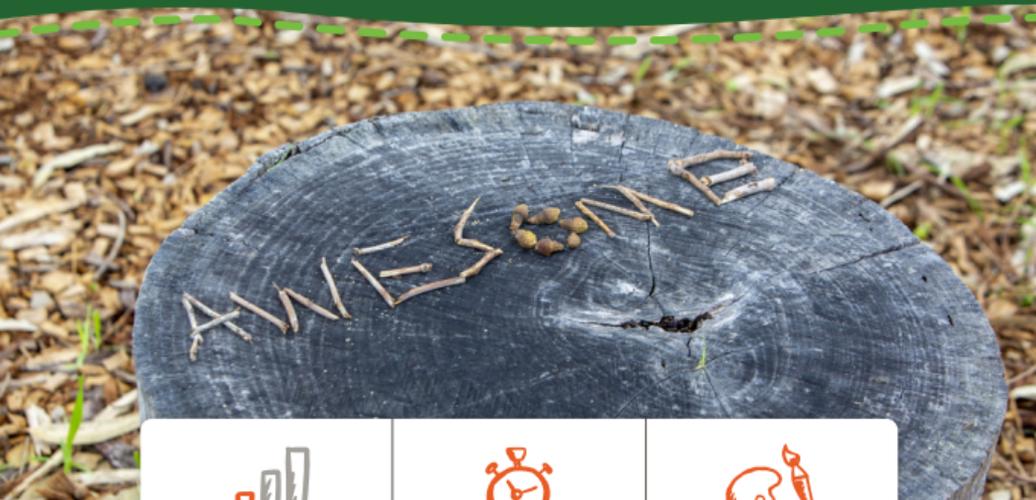
\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_

Visit [app.naturepassport.org](https://app.naturepassport.org) (Launch Pack) to complete this activity and many more!

## Activity 2



Beginner



30 -45 mins



Create

### Green Graffiti

*Leave your mark in a "green" way!*

Think about a positive message you would like to communicate with your green graffiti.

Keep it short and sweet.

**My message:** \_\_\_\_\_

Take a walk through the camp and gather natural items from the ground (they don't have to be green).

Use your collected items to spell out your message and leave it for others to find!

# Journal

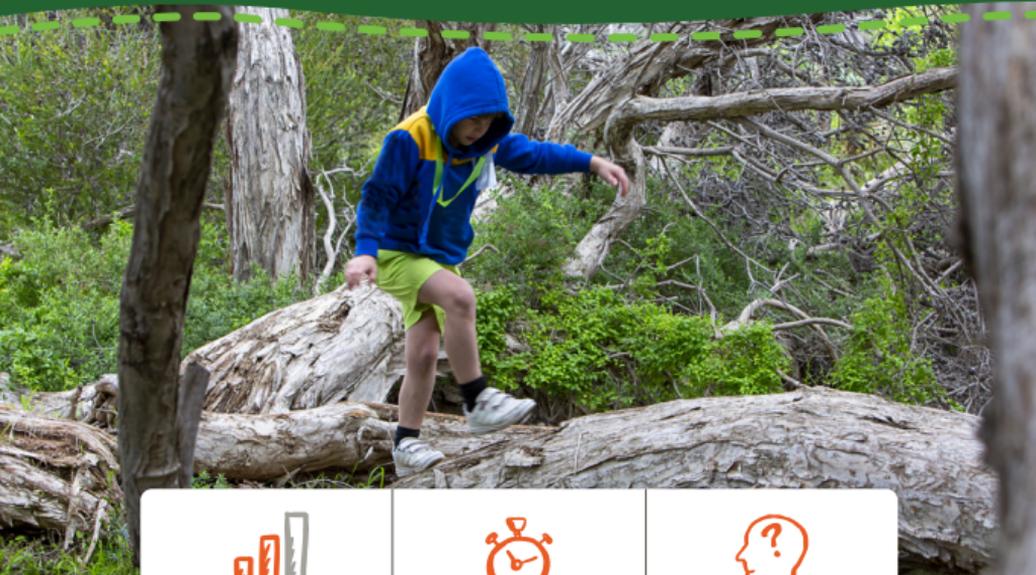
*Draw, take notes and fill in the blank space!*

Recreate your masterpiece  
using a pencil or pen:



Visit [app.naturepassport.org](http://app.naturepassport.org) (Challenger Pack) to  
complete this activity and many more!

# Activity 3



Medium



15 mins or less



Think

## Test Your Balance

*Let's put your balancing skills to the test!*

Start by warming up... Stand on one leg and try to hold your balance. Record how long you can hold it for.

Next, search around for something long and narrow to balance on. It doesn't have to be raised off the ground.

Have your first go at balancing along the beam. Can you get from one end to the other without falling off?

Keep trying until you have mastered it!

# Journal

*Draw, take notes and fill in the blank space!*

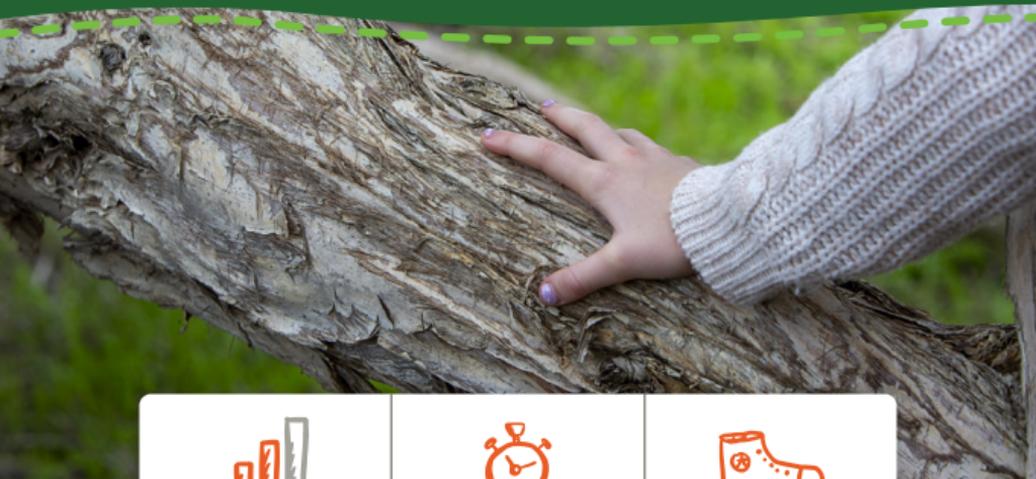
I can balance on one leg for

\_\_\_\_\_ seconds



Visit [app.naturepassport.org](http://app.naturepassport.org) (Launch Pack) to complete this activity and many more!

# Activity 4



Medium



30 - 45 minutes



Move

## Texture Tag

*Go on an adventure to explore textures around the camp.*

Touch leaves, bark, even the ground. Record the textures you feel.

Now look for an open space where you can move freely without tripping. Decide on boundaries and a caller.

When the caller yells a texture, race from home base to find and touch it as quickly as you can.

Play as many rounds as there are textures!

***Safety first!*** Make anything rusty, sharp, or dangerous off limits for this game.



## Badges



*You're a Scavenger*



*Green Graffiti*



*Test Your Balance*



*Texture Tag*



*Nature's Sculptor*



*Seeing Sound*

# Avatars





# Journal

*Draw, take notes and fill in the blank space!*

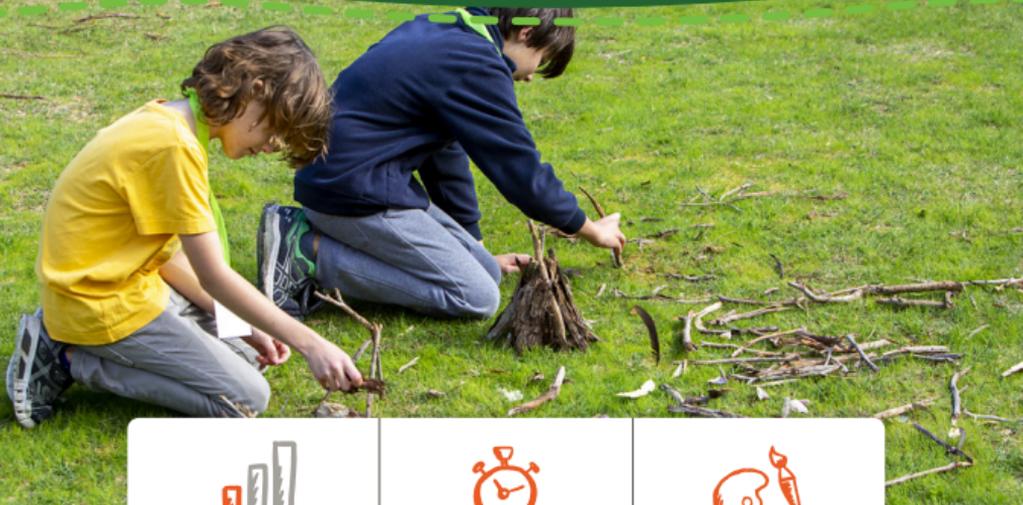


Textures I found:

- Slimy
- Rough
- Smooth
- Soft
- Scratchy
- Sandy

Visit [app.naturepassport.org](http://app.naturepassport.org) (Launch Pack) to complete this activity and many more!

# Activity 5



Beginner



15 mins or less



Create

## Nature's Sculptor

*Get artistic inspiration from the camp grounds and make a masterpiece.*

Walk through the camp, taking note of the rock etchings, types of trees and native plants.

Record the things you find beautiful and gather all-natural building materials.

Use your collected items to make a sculpture.

***Be kind to growing things...*** Look for items on the ground rather than picking from living plants.

# Journal

*Draw, take notes and fill in the blank space!*

Recreate your masterpiece using  
a pencil or pen:



Visit [app.naturepassport.org](http://app.naturepassport.org) (Launch Pack) to complete this activity and many more!

# Activity 6



Medium



30 - 45 minutes



Think

## Seeing Sound

*Sounds are only for our ears...or are they?*

Find a quiet spot to sit and listen.

Challenge yourself to make a sound into something you can see.

Here are some ideas you can try:

- Draw a picture of what made the sound.
- Use words to describe the sound.
- Make a diagram that shows **volume** (how loud), **pitch** (how high or low), and **length** (how long) of the sound.

# Journal

*Draw, take notes and fill in the blank space!*

The sound is...

Soft

Loud

Monotonous

Melodic

Rhythmic

Soothing

What made the sound:

What the sound looks like:



Attach  
sticker  
here!

Visit [app.naturepassport.org](http://app.naturepassport.org) (Hone Your Senses Pack) to complete this activity and many more!

# Learn and Play at a Recreation Camp

## Outdoor Play

Outdoor play fosters children's intellectual, emotional, social and physical development. Being outside and surrounded by nature, children experience an ever-changing and free-flowing environment that stimulates all the senses.



Nature provides countless opportunities for discovery, creativity, problem-solving, and STEM education. Interacting with natural environments allows children to learn by doing and experimenting with ideas. These experiences offer real, authentic learning like nothing else can. As children take risks, try (and fail), and try again, they gain resilience and confidence.

In nature, children can run, jump, hop, skip, climb, roll, and shout, which helps them relax, and reduces tension, anxiety, and restlessness. Children can play alone or connect with one another, learn to share, and problem solve.

The fresh air is invigorating and offers endless opportunities for physical activity, which, in turn, builds

strong bodies. Exposure to sunlight means children absorb vitamin D which has many positive benefits, including contributing to a strong immune system.

## The Bravery Award

Conquer your fear at a recreation camp.

Think of something that you're scared of and ask a grown-up to help you come up with a plan to conquer your fear safely.

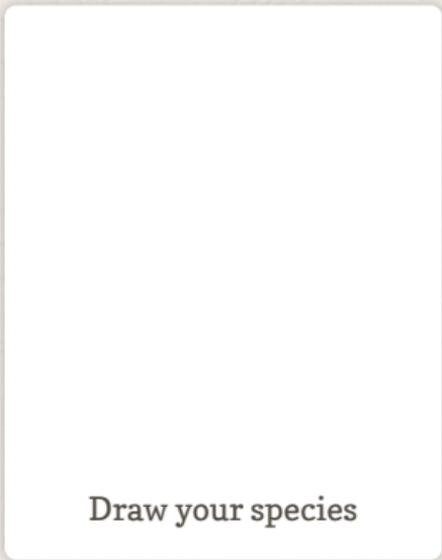
Take a deep breath, be brave and give it a try.



# Let's go on a Nature Safari!

Nature is all around you. How many species of plants, animals or fungi can you spot and record?

## Start your safari!



Draw your species

Give it a name!

What is it doing?

Why do you think it likes this spot?

### Create a digital record of your nature safari!

Develop observation and stealth skills as you go “hunting” for new species in the wild. In addition to this booklet, use the ‘Safari’ section of [app.naturepassport.org](https://app.naturepassport.org) to record your Safari animal sightings.



Draw your species

Give it a name!

What is it doing?

Why do you think it likes  
this spot?



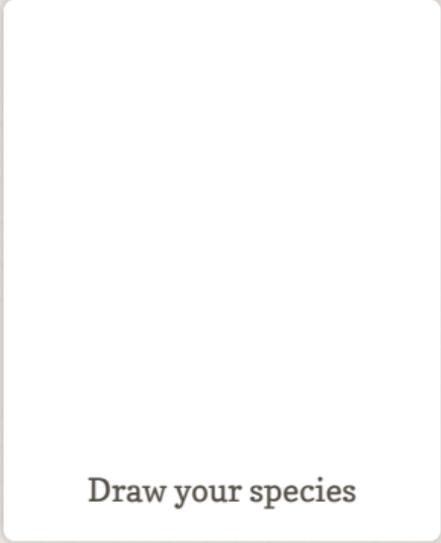
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Give it a name!

What is it doing?

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# Let's go on a Nature Safari!

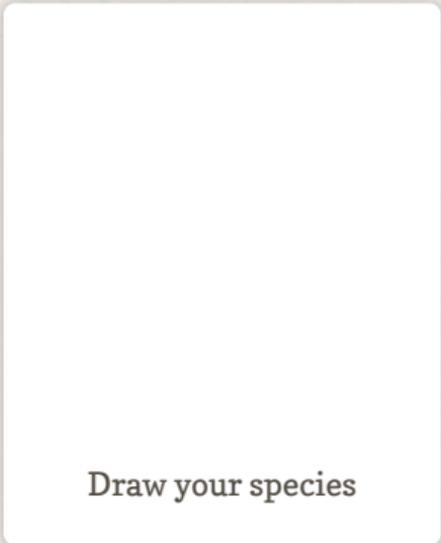


Draw your species

Give it a name!

What is it doing?

Why do you think it likes  
this spot?



Draw your species

Give it a name!

What is it doing?

Why do you think it likes  
this spot?

## 15

## Things to do at Camp

1. Find the tallest tree .....
2. Draw a happy picture in the sand .....
3. Find four different coloured leaves .....
4. Practise your cartwheels and handstands .....
5. Meet two camp staff members .....
6. Draw a picture of your favourite spot .....
7. Count as many nature sounds as you can .....
8. Write a letter to your future self about your experiences .....
9. Learn the names of the buildings .....
10. Play paper/scissors/rock with three people you don't know .....
11. Hug a tree .....
12. Score a goal on the sports court .....
13. Make up stories to tell your friends .....
14. Try making music with leaf whistling .....
15. Look at the stars or do some cloud watching .....

# Play, explore and learn outdoors!

Recreation Camps believe it is important to encourage children to play outdoors for their physical and mental health. Nature is a tool to get children to experience not just the wider world, but themselves.

Nature Play WA is supported by



Department of  
Local Government, Sport  
and Cultural Industries

[www.natureplaywa.org.au](http://www.natureplaywa.org.au)



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The development of this booklet is proudly sponsored  
by the Department of Local Government, Sport and Cultural  
Industries.