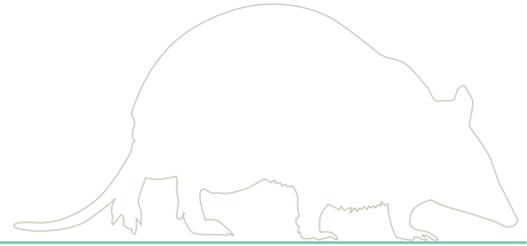




Plant Pose

Adventure Level: Beginner



Plants grow in all shapes and sizes; just like people! Explore the natural environment, or have someone describe it to you.

Exploring Shapes

Are there any plants that have interesting shapes? Do they remind you of anything?

Using your body, shift your shape to match the plants you find. Find your favourite shape to recreate. Take a deep breath, and get ready.

Plant Pose!

Strike a pose! Recreate your favourite plant pose now. If your parent or guardian has a camera, ask them to take a photo.

Plant Shapes

Did you see any of these shapes in nature?

- Round
- Oval
- Cylinder
- Triangle

Can you find other shapes? Add them to the list...

.....

.....

Draw Your Plant Pose

Can you, or a friend, draw your plant pose?

.....