

Western Suburbs
Nature Passport



In partnership with  Nature Play^{WA}

Nature Passport



First name:



Age:

Acknowledgement of Country

The western suburbs acknowledge the Whadjuk Noongar people as the traditional custodians of Whadjuk Country and recognises the Whadjuk Noongar people's deep spiritual connection to and unique ability to care for Country. The western suburbs recognise their enduring culture and pay respect to the Elders past and present.

How to use this passport

This is your Western Suburbs Nature Passport!

Use it to explore nature in the western suburbs, play, create, imagine, look closer and have some fun with your friends and family.

- Try new nature activities.
- Journal your escapades.
- Record the wildlife you come across.
- Tick off our list of '15 things to do'.

Flip forward to see the seven activity locations and get stuck in!

Reminder: remember to leave the things you find in nature for others to enjoy too!

Each of the activities can also be done using the international Nature Passport app and there are over one hundred more activities to choose from.

Visit www.naturepassport.org to get started!

Learn and play in the Western Suburbs

The Whadjuk Walking Trails

The Whadjuk Walking Trails network lies on Noongar land. It connects the western suburbs' remnant natural areas to the river and ocean.

There are six walks, well marked with triangular markers in footpaths and bollards along the route.

Interpretive signs in natural areas have QR codes enabling visitors to listen to Aboriginal stories and songs, and to learn about the native fauna and flora in the area. Visit whadjukwalkingtrails.org.au for more information.



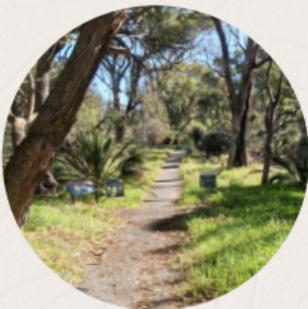
Did you know?

All of the activity locations in your Nature Passport lie along one of the Whadjuk Walking Trails!

We've included QR codes linked to stories at all of these locations, look for the signage and consider walking a small stretch of the trail while there.

The Noongar Six Seasons

There are six Noongar seasons. Each season is determined by the food available and the weather patterns during that time of year.



The Whadjuk Noongar people were guided by the seasons as to what they ate, where they travelled, and how they cared for Boodja (Country), so that the land stayed healthy and vibrant.

Using the guide on the next page, as you visit each of your Nature Passport activity locations, think about during which season/s the Noongar people would most likely have frequented that place.

Ask yourself questions like:

- Am I by the coast or inland?
- Is there a river or wetland here?
- What food might have been available at this spot?

Learn and play in the Western Suburbs

The Noongar Six Seasons

Birak - the first summer

December and January

The Noongar people would stay near the coast to keep cool. Birak is also the season of the young, when fledgelings would start leaving the nest and reptiles shed their skin.

Bunuru - the second summer

February and March

This is the hottest part of the year. The Noongar people stayed by the coast and ate djildjit (fish) and shellfish.



Djeran - the first rains

April and May

The weather becomes cooler. The Noongar people traveled along the river and wetlands where they would eat djildjit (fish), kooyar (frogs), and booyi/yakkan (turtles).

Makuru - the cold and wet

June and July

The Noongar people moved inland to the hills where it is warmer. The kondil (Sheoak) trees flower signaling that the yonga (kangaroo) are ready to be eaten and their fur made into booka (clothes).

Djilba - the second rains

August and September

The Noongar people remained inland where it is warmer and ate yonga (kangaroo), weitj (emu), and koomal (possum) to keep warm and active during the cold months.



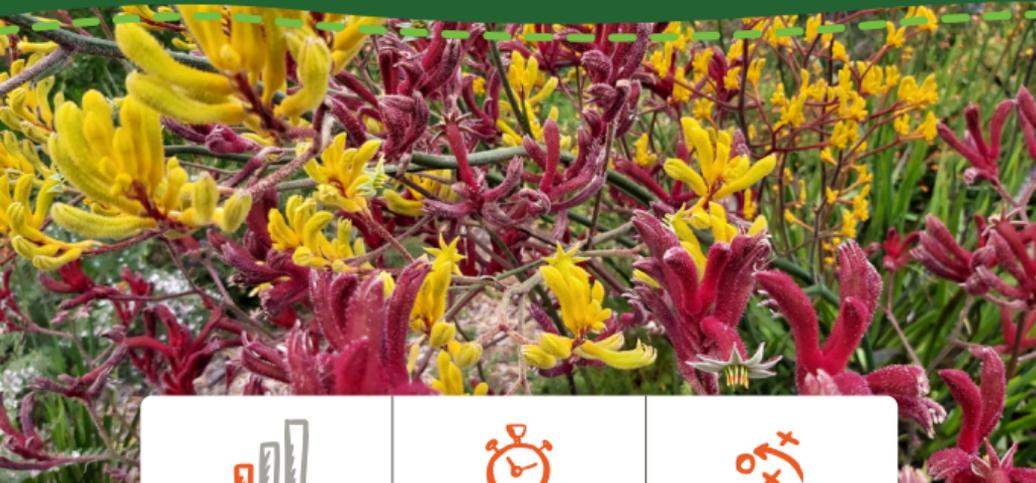
Kambarang - the flowering season

October and November

The Noongar people moved back towards the coast following the river or wetland chains where they ate djildjit (fish), booyi/yakkan (turtles), and djilgies (freshwater crayfish and blue marron). The wildflowers boom and the Noongar Boodja (Country) becomes carpeted in a rainbow of colour.

Town of Cambridge: Kulbardi Walk

Bold Park Drive, Floreat



Beginner



30 to 45 mins



Collaborate

What's That Scent

Get ready to test your sense of smell!

Close your eyes and have someone select an item in nature for you to smell. It could be a leaf, flower, rock or fallen bark off the ground... No peeking!

Use your journal page to record what the item smelt like. Next, hunt around with your nose and try to find a scent match in nature! Any luck?

Repeat this activity part way along the Kulbardi Walk - are the smells different?

Collect items off the ground rather than picking from living plants.

Journal

Draw, take notes and fill in the blank space!

The natural item I smelt was:

- Dry
- Sweet
- Fresh
- Woody
- Other: _____

I think what I smelt was a _____.



Attach
sticker
here!



Whadjuk Walking Trails Story:

Scan this QR code to hear a story about the Djiridji (Zamia tree).

Town of Cottesloe: Sun Dial and Mudurup Rocks

Cottesloe Beach, West of Cottesloe Surf Life Saving Club



Beginner



30 to 45 mins



Move

You're a Scavenger

Let's hunt for hidden treasures!

In this activity you're going to create your own nature scavenger hunt looking for treasures at Mudurup Rocks.

What sort of items might be hidden here?

Using your journal page, make a list of natural objects to hunt for. You can write down shapes, colours or specific items.

Check the items off your list as you find them!

Journal

Draw, take notes and fill in the blank space!

My scavenger hunt list:

- A yellow leaf
- A shiny rock
- _____
- _____
- _____
- _____
- _____
- _____

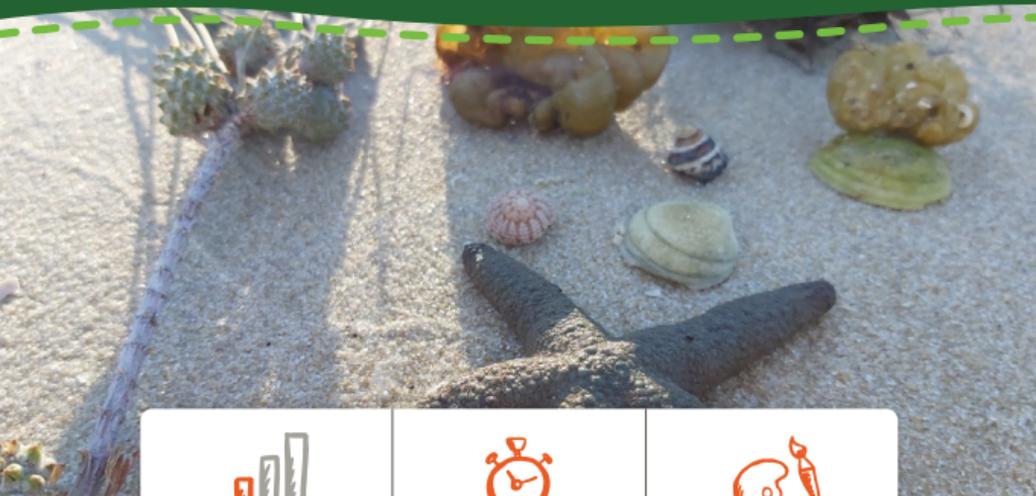


Whadjuk Walking Trails Story:

Scan this QR code to hear a story about Mudurup Rocks.

Town of Mosman Park: Chidley Point Reserve

Lower Carpark on Chidley Way, Mosman Park



Beginner



30 to 45 mins



Create

Green Graffiti

Leave your mark in a “green” way!

Come up with a positive message to communicate via some ‘green graffiti’. Keep it short and sweet.

My message: _____

Gather natural items from the ground, like seaweed, leaves and sticks. Next, use them to spell out your message for all to see.

Pro tip: For maximum impact, arrange your ‘green graffiti’ on a contrasting background (like seaweed on sand)!

Journal

Draw, take notes and fill in the blank space!

Recreate your masterpiece
using a pencil or pen:

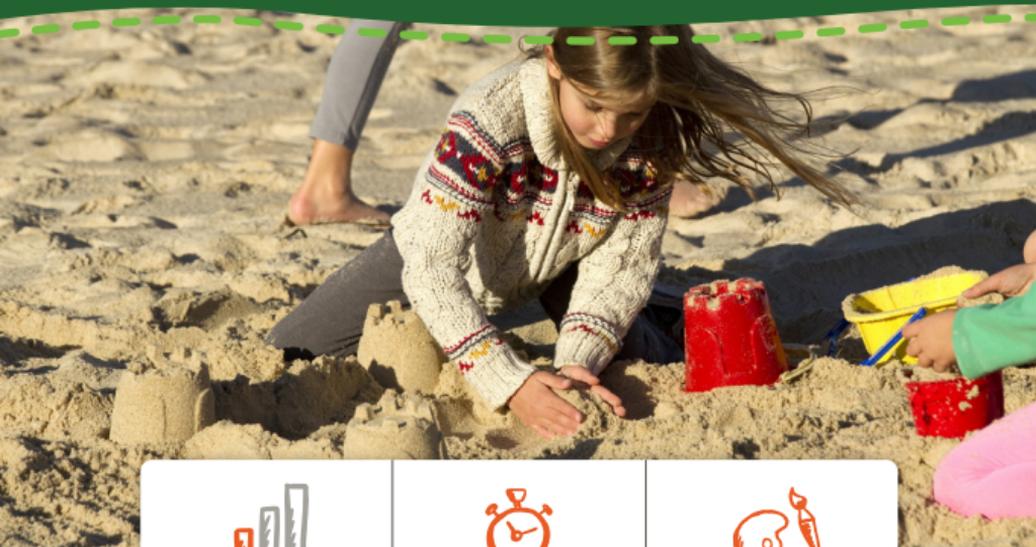


Whadjuk Walking Trails Story:

Scan this QR code to hear a story about the Parrot Bush.

Shire of Peppermint Grove: Esplanade Foreshore

End of Keane Street, Peppermint Grove



Beginner



30 to 45 mins



Create

Super Sandcastles

Construct a royal residence at the Esplanade foreshore.

Can you build a sandcastle fit for royals?

Start by making a base. Pack it down densely by pounding the sand with your hands or feet.

Next make:

Towers, bridges, windows, decorative features

Pro tip: To make drippy castle towers, take a handful of really wet sand, and let it drip slowly down your fingers.

Journal

Draw, take notes and fill in the blank space!

Draw a picture of your sandcastle or take a photo and stick it here:



Whadjuk Walking Trails Story:

Scan this QR code to hear a story about the Black Swan.

Town of Claremont: Lake Claremont

Stirling Road, Claremont



Beginner



15 mins or less



Observe

Find a Feather

Explore Lake Claremont to find a feather!

Did you know? Feathers are unique to birds and their ancestors; no other type of living animal has them!

Which of the following best describes your feather?

- Soft and fluffy
- Stiff, large, with a long quill
- Short, rounded, pliable and symmetrical

What type of bird do you think it came from?

Journal

Draw, take notes and fill in the blank space!

Did you spot or find feathers from any of these birds?

Attach
sticker
here!



Swan



Purple swamp hen



Coot



Magpie



Duck

Over 80 species of local and migratory birds have been recorded here at Lake Claremont!

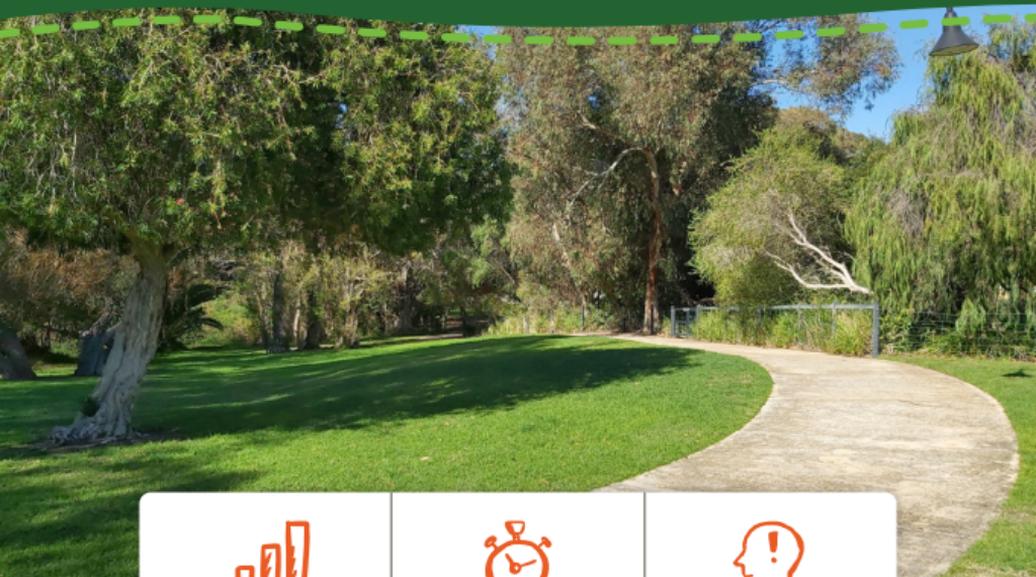


Whadjuk Walking Trails Story:

Scan this QR code to hear a story about the Eurasian Coot.

City of Nedlands: Mason Gardens

Kathryn Crescent, Dalkeith



Adventurous



Over 1 hour



Observe

Swamp Life Safari

Watch, listen and observe at Mason Gardens.

Enter the fenced pond area. Be still and engage your senses - what can you hear? What can you smell?

Spot any long necked turtles (*Chelodina oblonga*)?

Can you see any insects flying over the water?

Can you hear any frogs or birds?

Journal

Draw, take notes and fill in the blank space!

Did you encounter any of these creatures?



- Long necked turtle
- Magpie
- Dragonfly

Other creatures I discovered:

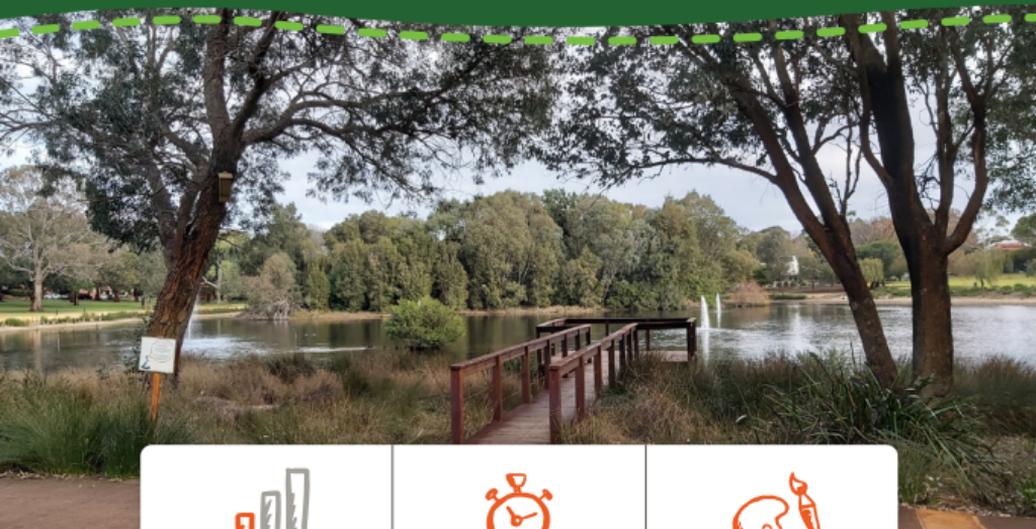
A large white rounded rectangular box for drawing or notes.A large white rounded rectangular box for drawing or notes.

Whadjuk Walking Trails Story:

Scan this QR code to hear a story about the Dragonfly.

City of Subiaco: Lake Jualbup

Evans St, Shenton Park



Beginner



15 min or less



Create

Leaf Collector

Let's go hunting for special leaves at Lake Jualup!

Explore the trees and plants at Lake Jualbup. Collect some fallen leaves that interest you. Which is your favourite? Why?

Place the leaf behind the journal page. Using a pencil or crayon, rub over the leaf and watch how the details from the leaf show up on your page.

Can you add to your leaf rubbing to turn it into a drawing of someone or something?

Journal

Draw, take notes and fill in the blank space!

*My leaf rubbing from Lake
Jualbup:*

Attach
sticker
here!



Whadjuk Walking Trails Story:

Scan this QR code to hear a story about
the Eastern Great Egret.

Badge Stickers



What's that Scent?



You're a Scavenger!



Green Graffiti



Super Sandcastles



Find a Feather



Swamp Life Safari



Leaf Collector

Avatar Stickers



Nature Passport App

If you've enjoyed the Nature Passport activities in this booklet, check out the Nature Passport app that has over 100 more activities to choose from!

Activities can be enjoyed by children and adults of any age, and can be filtered by type of environment, season, duration, difficulty, and more. Start exploring today!

Available as a web app at app.naturepassport.org, or downloadable from the app store (iOS) or Google Play (Android).



Visit app.naturepassport.org
or scan the QR codes below to
get started!



iOS



Android

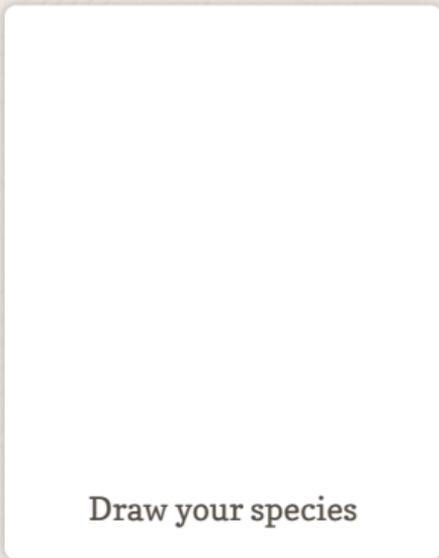
The Cities of Nedlands and Subiaco, the Towns of Cambridge, Claremont, Cottesloe, and Mosman Park, and the Shire of Peppermint Grove frequently cooperate, sharing knowledge and resources to achieve projects across or on shared boundaries and to address regional issues.



Let's go on a Nature Safari!

Nature is all around you. How many species of plants, animals, or fungi can you spot and record?

Start your safari!



Draw your species

Give it a name!

What is it doing?

Why do you think it likes this spot?

Create a digital record of your nature safari!

Develop observation and stealth skills as you go “seeking” new species in the wild. In addition to this booklet, use the ‘Safari’ section of app.naturepassport.org to record your Safari animal sightings.



Draw your species

Give it a name!

What is it doing?

Why do you think it likes
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Let's go on a Nature Safari!

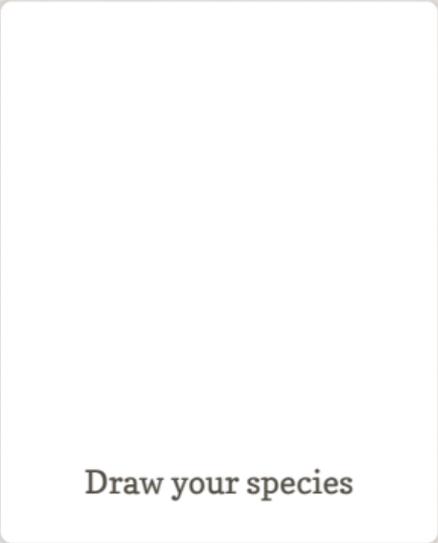


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Give it a name!

What is it doing?

Why do you think it likes
this spot?

1. Walk any of the Whadjuk Walking Trails - read or listen to the stories on the signs
2. Visit the Birdwood Nature Playground in Dalkeith
3. Balance along the roots of fig trees
4. Ride your bike along the Swan River foreshore
5. Look for Rainbow Bee Eaters at Bold Park
6. Find a Zamia nut and feel how bumpy it is
7. Go on a birdwatching adventure at Lake Claremont..
8. Tell the time using the giant sundial at Mudurup Rocks (Cottesloe Beach)
9. Find the music and art instruments at Masons Park..
10. Touch paperbark, feel how soft and thin it is
11. Look for the bright orange fungi that grows on trees at Lake Jualbup
12. Take photographs of shells on the beach
13. Decorate a rock then hide it in your local park
14. Look for dolphins and pelicans at Freshwater Bay
15. Fly a kite at your local park

Play, explore and learn outdoors!

Nature Play WA is supported by



Department of
**Local Government, Sport
and Cultural Industries**

www.natureplaywa.org.au



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The development of this booklet is proudly sponsored by the Cities of Nedlands and Subiaco, the Towns of Cambridge, Claremont, Cottesloe, and Mosman Park, and the Shire of Peppermint Grove.