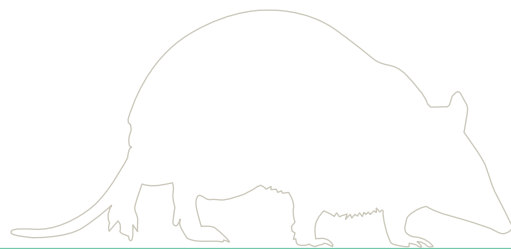




## Colour Wonderful

*Adventure Level: Beginner*



There are so many colours in the natural world. Head outdoors with a trusted person as you explore the rainbow of colours and count the shades of nature together.

### What is your Colour?

Pick a colour that represents you today. The colour could be used to describe your current mood, or reflect your clothes or the weather!

My colour is: .....

### Explore the Rainbow

Before you make your way outdoors, think of the colours of the rainbow. Can you name them all? Look for each colour of the rainbow in nature and use this checklist to mark the ones you find!

Red

Yellow

Blue

Orange

Green

Purple

### Draw Nature using your Favourite Colour

Did you find your favourite colour outdoors? Depending on the time of year, some colours might be harder to find than others. Draw a picture that represents today using your favourite colour.

You can also draw on the back of this page!