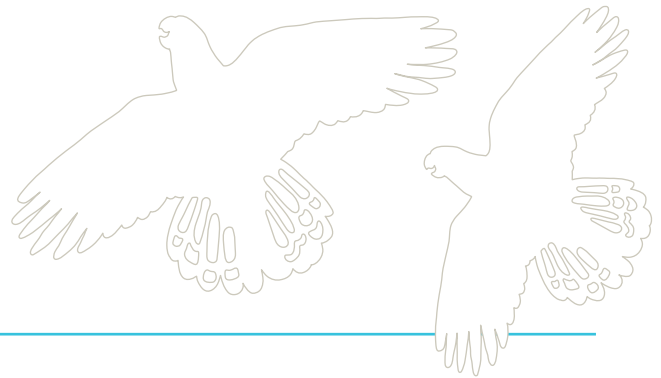


The Awareness Game

Adventure Level: Medium



Being aware of your surroundings is a wonderful skill. Today you will be using your senses to test your awareness of the natural environment!

How many professions can you think of that rely on awareness? Count your ideas here:

1.
2.
3.
4.
5.

Take Five

Adventure outside and give yourself five (5) minutes to study the world around you. Using your eyes, hands, nose and ears, take note of where things are around you. What can you see? What can you feel? Your team may also want to explain these to you using their sense of sight, smell and/or sound.

Testing Your Awareness

Ask your team to be still with you, as you close your eyes and test your awareness. As these questions are answered, check off the ones that are correct.

- Point to the position of the sun.
- Which direction is the wind blowing?
- Are there any birds? How many do you think there are?
- How many people are here?
- Point to a tall tree.

Reflection

How did you do? What was hardest to remember and why?

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Ask your team the same questions, or create new questions of your own!