MUDDY HANDS

Social Story

Welcome to the **Muddy Hands Festival.**
Muddy Hands is an outdoor event where I can play in mud, go for a walk in nature, do nature crafts, or sit and watch.



At Muddy Hands there will be two big mud pits and a mud kitchen.





I can choose if I want to play in the mud. The mud will be brown and squishy. If I play in it, my skin and clothes will get muddy.





I might hear people laughing, talking over a loud speaker, music and mud squelching.
Some sounds might be loud.







My trusted person is the adult who comes with me.
If I need help, I can ask them or a Nature Play WA helper wearing a bright vest.



If I need a break, I can visit the quiet tent or walk along the Talk N Walk Trail with my trusted person.







There is a sensory kit with ear defenders, sunglasses, nature fidgets, and more things I can borrow.
If I'd like to borrow it, I can ask someone in a bright vest.



If I don’t want to play in the mud, I can choose another activity, visit the playground or watch other people play. I can decide what feels right for me.



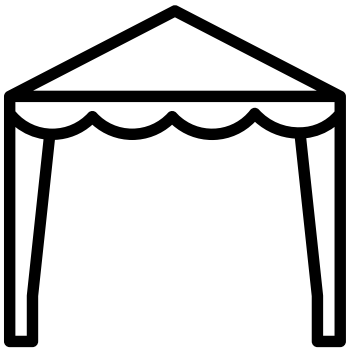
When it’s time to leave, my trusted person will tell me.

There will be clean water at the water truck to help me wash off the mud. I can also wash off on the river bank. The water will feel cold.





There will be a space where I can get changed into clean clothes.





If I borrowed the sensory kit, my trusted person or I will return it to a Nature Play WA helper before we leave.





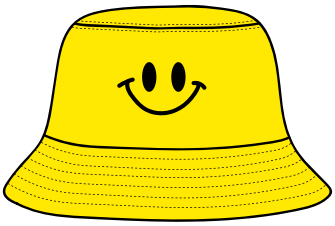
Suggested checklist of things to bring to the Muddy Hands Festival:



Water bottle



Sunscreen



Hat



Personal regulatory items



Towel & bag for muddy gear



Change of clothes



Picnic rug

The Muddy Hands Festival is held at Canning River Regional Park:
https://www.natureplaywa.org.au/piwa-listing/canning-river-regional-park/

The Muddy Hands Festival is a City of Canning event.
Nature Play WA coordinates the mud activities and has created this social story to help children and families know what to expect.